

Young People

Creative Youth Network

Drop in sessions for 13-19 year olds
new to the UK, one to one support
T: 0117 947 7948

E: info@creativeyouthnetwork.org.uk
W: www.creativeyouthnetwork.org.uk

Asylum and Refugee Clinic (ARC)

Essential mental health support for all
children and young people who have
arrived in the UK unaccompanied.

Referral via your Doctor

T: 0300 124 5944

E: awp.camhsarc@nhs.net

Off the Record

Mental health support for people aged
11-25

T: 0808 808 9120

E: hello@otrbristol.org.uk

W: www.otrbristol.org.uk

Crisis Services

Samaritans 24/7

116 123

AWP Mental Health Crisis Line

0800 953 1919



Community Access Support Service (CASS) works with community, faith and equality groups in Bristol to improve access to mental health and emotional wellbeing support.

www.cassbristol.org

0117 304 1400

info@cassbristol.org



CASS is managed by the
Healthy Living Consortium

Please contact organisations to check times
of meetings and groups.

All information correct as of May 2022



Emotional Wellbeing for Refugees and Asylum Seekers



Support, advice and information in Bristol



Local Organisations

Aid Box Community

A free shop, activity groups, befriending and support for refugees and asylum seekers

T: 0117 336 8441

W: www.aidboxcommunity.co.uk

Bristol Refugee Rights

Support service and social space for asylum seekers and new refugees including family support

T: 07526 352 353

E: advice@bristolrefugeerights.org

W: www.bristolrefugeerights.org

Refugee Women of Bristol

A multi-ethnic, multi-faith organisation that specifically targets the needs of refugee women and runs wellbeing activities

T: 0117 9415867

W: refugeewomenofbristol.org.uk

Bristol Hospitality Network

Housing and support, including meals and a welcome centre, in St Jude's

T: 0117 379 0011

E: hello@bhn.org.uk

W: www.bhn.org.uk

Bridges for Communities

Welcome events, befriending and social walking, based at Easton Community Centre

W: www.bridgesforcommunities.com

Brigstowe

Support for refugees, asylum seekers and their families, affected by HIV

T: 0117 955 5038

E: info@brigstowe.org

W: www.brigstowe.org

Bristol Law Centre

Legal advice and representation for asylum and immigration including children

T: 0117 924 8662 or 0330 024 0389

E: mail@bristollawcentre.org.uk

W: www.bristollawcentre.org.uk

The Haven

Healthcare and support for refugees and asylum seekers who are new to Bristol at Montpelier Health Centre

T: 0117 970 3887

W: sirona-cic.org.uk/nhsservices/services/the-haven

Bridges for Communities

Welcome events, befriending and social walking, based at Easton Community Centre

W: www.bridgesforcommunities.com

Red Cross Refugee Services

Emergency help, one-to-one support and casework, family services and help reuniting families.

T: 01179415040

E: refugeeservicebristol@redcross.org.uk

Project Mama

Birth support for displaced women in Bristol, including one to one support, social groups and advice

T: 0117 941 5320

E: hello@projectmama.org

W: projectmama.org