

CARERS

Bristol Black Carers: support BME carers and those they care for to access services

0117 379 0084

admin@bristolblackcarers.org.uk
www.bristolblackcarers.org.uk

Carers Support Centre: support, information and advice for carers of any age living in the Bristol and South Gloucestershire areas

Queries 0117 939 2562

Helpline 0117 965 2200

www.carerssupportcentre.org.uk

Dhek Bhal: daycare, sitting service and domiciliary care for South Asian older people, carers and their relatives

0117 914 6671

dhekbhal@yahoo.co.uk
www.dhekbhal.org.uk

Rethink Carers Service: practical support and advice for carers

<https://www.rethink.org/help-in-your-area/services/carer-support/bristol-carer-service/>



Community Access Support Service (CASS) works with community, faith and equality groups in Bristol to improve access to mental health and emotional wellbeing support

www.cassbristol.org

0117 304 1400

info@cassbristol.org

 @CASSBristol

 CASSBristol

CASS is managed by the Healthy Living Consortium



Please contact organisations to check times of meetings and groups
All information correct as of Aug 2021

Emotional Wellbeing for Disabled People



Support, advice and information in Bristol



GENERALSUPPORT

Better By Bike: disability inclusive sessions using a range of inclusive bikes with support from experienced instructors

<https://betterbybike.info/training/disability-inclusive-cycling/>

Disability Equality Forum: peer support, information and signposting for disabled people, and opportunities to have a voice around issues affecting those with disabilities

0117 914 0528

www.bristoldef.org.uk

WECIL: the West of England Centre for Inclusive Living is run by and for disabled people and provides information and advice

0117 9479911

reception@wecil.co.uk

www.wecil.co.uk

Bristol City Council information for disabled people: www.bristol.gov.uk/social-care-health/disability

LEARNING DISABILITIES SPECIAL NEEDS AND AUTISM

Autism Independence: support for Somali people with autism and their families, particularly from communities where autism is not well understood

hello@autism-independence.org

facebook.com/AutismIndependence

AutismIndependence

Brandon Trust: enabling people with learning disabilities and autism to live the lives they choose

0117 907 7200

info@brandontrust.org

www.brandontrust.org

Bristol Autism Spectrum Service: support and advice around diagnosis and wellbeing for those with autism spectrum conditions

01275 796204

awp.bass@nhs.net

www.awp.nhs.uk/services/specialist/autism-spectrum/

KHAAS: support for BME children with disabilities and additional needs, their carers and families
0117 955 4070 www.khaas.co.uk
khaas_bristol@yahoo.co.uk

Safe Link: specialist workers to support people with learning disabilities who have been affected by sexual violence

0333 323 1543

Safe.Link@safelinksupport.co.uk

[https://safelinksupport.co.uk/](https://safelinksupport.co.uk/services/dedicated-support-learning-disabilities/)

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SENSORY IMPAIRMENT

Centre for Deaf and Hard Of Hearing People: emotional and practical support for all affected by hearing loss

0117 9398653 or text 07749 313085

office@centrefordeaf.org.uk

www.cfd.org.uk

Royal National Institute of Blind People (RNIB): charity for blind and partially sighted people, offering practical and emotional support
0117 953 7750 www.rnib.org.uk